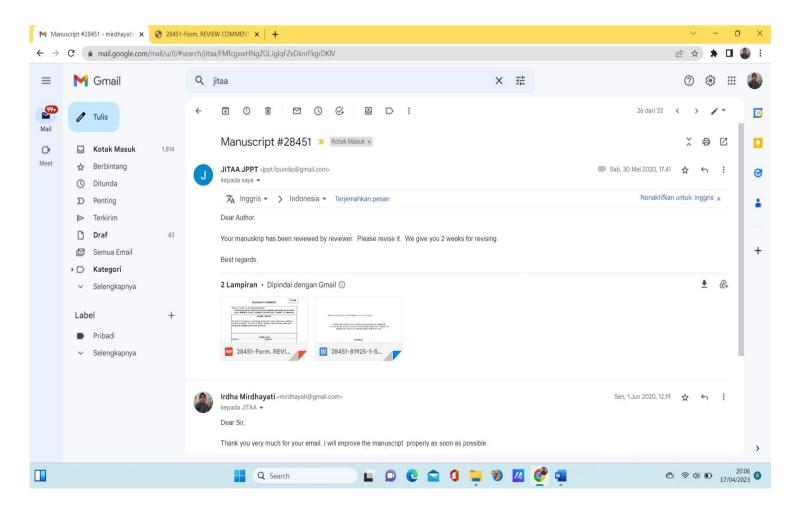
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Chemical characteristic, lactic acid bacteria population, and angiotensin converting enzyme inhibitory activity of traditional fermented beef "cangkuk" by spontaneous fermentation with the addition of bamboo shoot

ABSTRAK

9 Penelitian ini bertujuan untuk menguji sifat kimia, populasi bakteri asam laktat (BAL) 10 dan aktivitas inhibitor angiotensin converting enzyme (ACE) daging sapi yang 11 difermentasi dengan penambahan rebung bambu. Penelitian menggunakan Rancangan 12 Acak Lengkap Faktorial dua faktor. Faktor A yakni metode preparasi rebung : dicacah, digiling, dan diekstrak. Faktor B adalah rasio daging dan rebung (B) yakni 1;0,75 ; 1:1, 13 1:1,25. Parameter kimia yang diamati adalah protein total, protein terlarut, derajat 14 15 hidrolisis, pH, total asam tertitrasi. Data kimia dan jumlah BAL dianalisis dengan sidik 16 ragam, sedangkan aktivitas inhibitor ACE dianalisis deskriptif. Hasil penelitian 17 menunjukkan bahwa metode preparasi rebung dengan cara digiling dan diekstrak mampu 18 menurunkan total protein dan nilai pH. Rasio daging sapi dan rebung 1:0,75 dan 1:1 19 mampu menurunkan protein total dan meningkatkan total asam tertitrasi. Interaksi faktor 20 A dan faktor B hanya terjadi pada peningkatan derajat hidrolisis. Faktor A dan B tidak 21 nyata terhadap jumlah bakteri asam laktat. Aktivitas inhibitor ACE yang dihasilkan 22 berkisar 36,5-79,6%. Dapat disimpulkan bahwa metode preparasi rebung bambu dengan 23 cara digiling dan rasio daging : rebung 1:0,75 dan 1:1 dapat meningkatkan derajat

24 hidrolisis dan memiliki aktivitas inhibitor ACE yang tinggi.

25

26

27

ABSTRACT

Kata Kunci : cangkuk, daging fermentasi, rebung, sifat kimia, inhibitor ACE

28 This research was conducted to examine the chemical properties, lactic acid bacteria 29 (LAB) population and Angiotensin Converting Enzyme (ACE) inhibitory activity of 30 fermented beef meat by the addition of bamboo shoots. This research used factorial 31 completely randomized design. Factor A was the preparation method of bamboo shoots: 32 chopped, ground, and extracted. Factor B was the ratio of meat and bamboo shoots (B) 33 which was 1:0.75, 1:1, 1:1,25 ratios. The chemical properties observed were total protein, 34 soluble protein, hydrolysis degree, pH and titratable acidity value. The results showed 35 that bamboo shoot preparation method by ground and extracted were able to reduce total 36 protein, and pH value. The ratio of meat and bamboo shoot (1:0.75 and 1:1) were able to 37 decreased total protein but increased total titratable acidity. The interaction of the factors 38 A and factor B only occured in increasing hydrolysis degree. Both of two factors (A and 39 B) couldnot significantly effect to the number of LAB. The ACE inhibitory activity 40 ranged from 36.5 to 79.6%. It can be concluded that the preparation methods of bamboo 41 shoots by ground and 1: 0.75 and 1: 1 of beef : bamboo shoot ratio could increased 42 hydrolysis degree and had high ACE inhibitory activity. 43 44 Keywords: cangkuk, fermented meat, bamboo shoot, chemical properties, ACE

45 *inhibitory activity*

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INTRODUCTION

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Fermented food products have long been known to Indonesian people. These foods made from various sources such as vegetable, grain, milk and meat. The traditional types of fermented products from buffalo milk known as "dadih" originally from West Sumatra and danke from South Sulawesi (Soenarno *et al.*, 2013). Indonesian local fermented products derived from meat are not widely known. One of the traditional fermented meat products is "cangkuk".

According to Salahuddin (2004), "cangkuk" is a traditional fermented product 54 55 derived from buffalo meat added with betung bamboo shoot (Dendrocalamus asper) and 56 salt, originally from Sorolangun District, Jambi Province. "Cangkuk" was made for 57 special events such as in the holy month of Ramadan, a family celebration and feast days. Cangkuk is also known by the people in Kuantan Singingi District, Riau Province. With 58 59 the same designation, cangkuk was processed using meat, particularly beef. The 60 processing and basic materials used are also similar to those in Sorolangun District, 61 Jambi.

Bamboo shoot was prepared by people in Riau Province before consumed in two 62 types of processing methods, namely boiling and fermentation. Bamboo shoot was 63 64 fermented by using indigenous microbe of its self and added salt at 1-5 % w/w. In 65 processing cangkuk, both of bamboo shoot and beef meat were fermented together with 66 added rice and salt in certain concentrations. Bamboo shoot and rice contribute in supply 67 nutrient for indigenous microbe during fermentation hence they had high carbohydrate. 68 Salt in lower concentration contributes in supply mineral. Choudhury et al., (2012), said 69 that bamboo shoot had high moisture and carbohydrate content, protein and mineral. Bamboo shoot had an active material such as vitamin, amino acids, antioxidant andsteroids.

72 Recent research on fermented meat products has been widely reported. Dry-cured 73 ham is a type of fermented pork, seasoned and followed by spontaneous fermentation for 74 10-11 months. Fermented meat products named according to the country or place of 75 origin, such as Spanish dry-cured ham originating from Spain (Escudero et al., 2012), 76 Jinhua Ham (Li et al., 2003) and Xuanwei Ham from China (Zhou and Zhao, 2007). 77 Fermented sausage known as salami, such as salami Milano from Itali (Ruiz et al., 2014), 78 Chorizo (Broncano et al., 2012) and Sremska sausage from Serbia (Zivkovic et al., 2012). 79 Based on these studies, it can be seen that fermented meat has the advantage as a 80 source of bioactive peptides, free amino acids with a unique flavor, do not contain 81 pathogenic bacteria, and better sensory properties. The two physiological functions 82 shown are as antioxidants and antihypertensive (Escudero et al., 2012; Albenzio et al., 83 2017).

In Southeast Asia, fermented meat products are known as sour meat which is 84 85 processed to increase consumers' needs in choosing the variety of foods they want. Meat 86 products are inoculated with microbes at controlled time and processing conditions to 87 produce the desired properties. Local producers generally use natural fermentation 88 without inoculation or controlled conditions. The microorganisms found in products 89 come from the meat itself or the environment (Singh et al., 2012). A number of active 90 components physiologically including bioactive peptides have been found in traditional 91 fermented food. Therefore, traditional fermented meat is an interesting target for a new 92 functional meat product (Arihara, 2006).

93 Based on a direct survey in the field conducted recently, "cangkuk" remain produced and consumed by the community in certain age groups (> 50 years) in Riau 94 95 Province. The presumption of the community consuming "cangkuk" is in accordance 96 with the tastes of the elderly, a tender texture, a specific aroma and taste is a little sour 97 that is preferred. Meanwhile, there has been no scientific evidence that has been studied and reported in bioactivity of "cangkuk". Furthermore, research on Indonesian traditional 98 99 fermented meat products is very limited. "Cangkuk" that produced by spontaneous 100 fermentation of beef meat with addition of bambeoo shoot could generated new source 101 of bioactive peptide. 102 MATERIALS AND METHODS 103 104 The materials used in processing beef meat fermented "cangkuk" were fresh beef 105 meat (brisket) from male Bali cattle with 2.5-3 years old, green bamboo shoot, distilled water, rice and salt. The chemical used were sulphuric acid, hydrogen chloride, sodium 106 107 hydroxide, boric acid, catalyst selenium, trichloroacetic acid, Lowry reagent, Bovine 108 Serum Albumin (BSA), Folin-ciocalteau, angiotensin converting enzyme from rabbit 109 lung (Sigma), hippuryl-hystidyl-leucyne substrate (Sigma), sodium chloride, sodium 110 borate buffer pH 8,3, ethyl acetat and MRSA (de Man Rogosa Sharpe agar), (Merck). 111 All of chemical and reagent were analytical grade. The equipmet that used to prepare bamboo shoot were knife, plastic ware, 112

The equipmet that used to prepare bamboo shoot were knife, plastic ware,
analytical balance, blender, glassware, volumetric flask, tube centrifuge, and high speed
centrifuge. The instrument that used for analysis of "cangkuk" were mortar, pH meter,

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115	Kjeltec set, burette flask, spectrophotometer UV-Vis, waterbath, magnetic stirrer,
116	micropippet, oven, petri dish, autoclave and colony counter.
117	
118	Preparation of Bamboo Shoot
119	Bamboo shoots were harvested from local farms in Kampar Regency and were
120	brought to the laboratory in order to remove their skin and smooth hair. Bamboo shoot
121	washed and drained, followed by thinly sliced. There were three preparation method of
122	bamboo shoot (factor A) in this experiment, namely : chopped (A1), ground (A2) and
123	extracted (A3). A1 was prepared with this following: bamboo shoot was chopped into
124	small pieces by using a knife. A2 was prepared by mixed the bamboo shoot and distilled
125	water in 1:1 ratio, homogenized within blender during 3 minutes. A3 was prepared by
126	mixed bamboo shoot and distilled water with 1 : 3 ratio, homogenized within blender for
127	3 minutes. Then, water soluble extracts were obtained by centrifugation at a speed 6000
128	rpm for 30 minutes. Supernatant was taken as a water soluble extract. Factor B was
129	prepared by weighing bamboo shoot based on their ratio of meat weight, 1:0.75; 1:1 and
130	1:1.25, respectively.
131	
132	Preparation of Beef Meat
133	The fresh beef meat, part of the brisket, was purchased from Animal Slaughtering
134	House in Pekanbaru city which was put in the ice box and brought to the laboratory in the
135	cold condition. Further processing conducted by separating the fat and connective tissue
136	of the meat and washed with distilled water and then drained at room temperature. The
137	meat was cut into small piece with size $5 \times 5 \times 2 \text{ cm}^3$.

139	Processing of the Cangkuk	_
140	This stage was aimed to conduct fermentation of "cangkuk" according to the	
141	general method in Riau society. Fermented beef meat "cangkuk" was initially by prepared	
142	300 g of small cut of beef meat for each experimental unit. Then, bamboo shoot was	
143	prepared based on their preparation methods (chopped, ground, a water soluble extract)	
144	and ratios to meat weight, i.e: 1:0.75; 1:1 and 1:1.25 (225 g, 300 g and 375 g). All of the	
145	ingredients were put into each of polypropylene plastic boxes based on their treatments.	
146	Bamboo shoot based on their treatments was mixed with beef meat, salt and rice. Salt and	
147	rice were added at 1% from total weight beef meat and bamboo shoot. All of the	
148	ingredient was mixed homogeneously and prior to an aerobic fermentation during seven	_
149	days in a room temperature. After the fermentation process, fermented beef meat was	
150	separated from another ingredient and was packed in aluminium-plastic laminated , then	
151	kept in freezer at-20°C until analyzed.	
152		
153	Analysis of Total Protein by Micro Kjeldahl Method	
154	Analysis total protein of the sample was conducted by micro-Kjeldahl method	
155	(AOAC 960.52). The samples analyzed consisted of fresh beef before fermentation, and	
156	the fermented beef meat ("cangkuk") from each treatment.	
157 158	Analysis of Soluble Nitrogen (Protein) in Trichloroacetic Acid (SN-TCA)	
158	An amount of 20 mL of fermented beef meat was added with 20% TCA (w/v) of	
160	20 mL. The mixture is then allowed to stand for 30 minutes for sedimentation and then	

centrifuged (speed of 7,800 x g, for 15 minutes). The supernatant was then analyzed for

nitrogen content using the Lowry method (Waterborg, 2002). An aliquot of 0.5 mL of the

161

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Commented [U6]: Is this ACE that was used for determination of ACE inhibitory activity? Please add reference in this processing method.

Commented [U7]: Please give more explanation about the process of fermentation in this research.

163	sample was mixed with 5.5 mL of an alkaline-copper reagent and incubated for 20 min
164	at room temperature. The mixture was added to 0.5 mL Folin-Ciocalcetau's phenol
165	reagent at 8-fold dilution with distilled water and allowed to stand for 30 min. Absorbance
166	was measured at 750 nm using spectrophotometer. Bovine serum albumin (BSA) was
167	used as standard.

168

169 Degree of Hydrolysis

The degree of hydrolysis measured according to procedures of Hasnaliza *et al.*,
(2010), which is calculated based on the percentage ratio of soluble protein in
trichloroacetic acid (TCA) to total protein content of the fermented beef meat. The degree
of hydrolysis can be calculated by the following formula:

174 % Degree of Hidrolysis =[Soluble Nitrogen in TCA 20% (w/v)] / Total protein x 100 %
175

176 pH analysis

An amount of five grams of finely ground sample of fresh beef meat before fermentation, and fermented beef meat from each treatment were prepared. Then, add the distilled water 10 ml and stir until evenly distributed. The pH value is measured using a pH meter that has been calibrated with a buffer of pH 4.0 and pH 7.0.

181

182 Total Titratable Acidity

Total titratable acidity was measured using the principle of lactic acid base.
Amount of ten mg sample was put into the Erlenmeyer flask, then added 2-3 drops of 1%
phenolphtalein indicator. Samples were titrated with 0.1 N NaOH solution until they

186 formed a pink color and did not disappear within 30 seconds (Rahman et al., 1992). The

total titratable acidity calculated by the formula:

188 Total titratable acid (%) =
$$\frac{V \text{ NaOH} \times N \text{ NaOH} \times (\frac{90}{1000})}{\text{sample volume}} \times 100\%$$

189

190 The Number of Lactic Acid Bacteria

191 The number of lactic acid bacteria colonies was determined by pour plate method and analyze using the Standard Plate Count (SPC). The deMan Rogosa Sharpe Agar 192 193 (MRSA) used as the propagation medium of lactic acid bacteria. A sample of 1 mg of 194 inoculant pipetted into a sterile Petri dish and then the MRSA medium which has cooled 195 (temperature about 37°C) is poured into sterile Petri dish as much as 12-15 mL. The mixture is homogeneous by moving the Petri dish. Petri dishes were incubated upside 196 197 down after hardening, at 37°C for 24-48 hours. All analyses were done in duplo. The 198 number of colonies per gram (as log10 of CFU/g for each sample) is calculated using the 199 formula:

200 Number of colonies / g = Number of colonies per Petri dish $\times \frac{1}{\text{dillution factor}}$

201

202 Measurement of ACE inhibitory activity

203 The ACE inhibitory activity was measured according to the method of Chusman 204 and Cheung (1971) with modification by Arihara *et al.*, (2001). This assay based on the 205 liberation of hippuric acid from Hip-His-Leu catalyzed by ACE. A sample solution (15 206 μ L) was mixed with 125 μ L of 100 mM sodium borate buffer (pH 8.3) containing 7.6 207 mM Hyp-Hys-Leu and 608 mM NaCl and then pre incubated for 5 min at 37°C. The

208	reaction was initiated by the addition of 50 μL of ACE dissolved in distilled water and
209	the mixture was incubated for 30 min at 37°C. For the blank, distilled water was used
210	about 50 $\mu L.$ The reaction was stopped by adding 125 μL of 1 N HCl. The hippuric acid
211	liberated by ACE was extracted by adding 750 μL ethyl acetate to the mixture with
212	vigorous shaking. After centrifugation at 12,000 rpm for 10 min, 500 μL of the upper
213	layer was collected and then dried at 90°C for 60 min. Hippuric acid was dissolved with
214	1 mL distilled water and photometrically was determined at 228 nm. ACE inhibitory
215	activity was calculated using the equation:
216	Inhibitory activity (%) = $[(C-A) / (C-B)] \ge 100$

217 where A : absorbance of sample reaction, B : absorbance of blank , C: absorbance of

218 control (distilled water for sample).

219

220 Data Analysis

221 Analysis of total protein, soluble protein, degree of hydrolysis, pH value, total 222 titratable acidity, and the number of lactic acid bacteria were statistically analyzed by 223 analysis of variance with completely randomized factorial with 3 replications. Factor A 224 is the preparation method of bamboo shoots: chopped, ground, and extracted. Factor B is the ratio of meat and bamboo shoots (B) which is 1, 0.75; 1: 1, 1: 1,25 ratios. Post hoc 225 226 analysis was carried out by the Duncan Multiple Range Test (DMRT) to see the difference 227 between treatments (Steel and Torrie, 1993). Bioactivity data of ACE inhibitory activity were analyzed by calculating the mean and standard deviation. 228

229

230

RESULTS AND DISCUSSIONS

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231	Total protein of "cangkuk" were presented in Table 1. Total protein of raw beef
232	meat before fermentation process was 18.95±0.30 (g/100 g). This research showed that
233	preparation methods of bamboo shoot (factor A) by ground and extracted could decrease
234	the total protein of "cangkuk" greater than by chooped during spontaneous fermentation
235	for one week (P<0.01). In term of the ratio of meat and bamboo shoot (factor B), 1:0.75
236	and 1:1 ratios could decrease the total protein greater than 1:1 and 1:1.25 ratios (P<0.01).
237	There were no interaction between factor A and factor B to decrease the total protein.
238	This research showed that addition of bamboo shoot with different preparation method
239	on spontaneous fermentation beef meat contribute in change total protein value after
240	fermentation. This phenomenon similar with Zhou et al 2017, studied on fermentation of
241	solid beef inoculated with two starter cultures (Lactobacillus curvatus and Pediococcus
242	pentosaceus) in different inoculums concentration, fermentation time, and fermentation
243	temperature. An increase of inoculums concentration, fermentation times and
244	fermentation temperatures could decrease protein compossition in term water-soluble
245	protein and salt soluble protein after fermentation, while insoluble protein increased.
246	Bamboo shoot became nutrient source for indigenous microbe during spontaneus
247	

fermentation in this research due to had high content of moisture, carbohydrate, protein and mineral. Bamboo shoot had an active material such as vitamin, amino acids, and steroids (Choudhury *et al.*, (2012). According to Table 1, both of the preparation method of bamboo shoot and bamboo shoot ratios could decrease the total protein in the different way. It is shown that the preparation method by using ground and extracted could decrease total protein greater than by chopped. The size reduction of bamboo shoot using blender facilitated fermentation progress more compared to the chopped method. **Commented [U9]:** What the meaning spontaneous fermentation?

Furthermore, meat and bamboo shoot ratios showed that decreased the total protein was greater at 1:0,75 and 1: 1 than 1:1 and 1:1.25. This finding showed that the bamboo shoot ratio must be lower and similar with than beef meat, at the high ratio 1,25 the total protein decreased more smaller due to fermentation progress was lower.

258 The main component of meat is a protein (range from 15-22 g/100 g) which consist of high essential amino acid percentage. Beef protein composition of red meat 259 260 with adipose tissues is about 18%. During "cangkuk" processing, the fermentation occurs 261 spontaneously with the help of mix salt and rice as additional ingredients on anaerobic 262 condition. Fermented meat according to Hui (2006) is a fermentation process which 263 consists in the growth and development of the microbial flora. This process naturally 264 present in the meat during spontaneous fermentation or by the addition of starter culture. During the fermentation process, protein of beef meat was hydrolyzed by indigenous 265 266 proteolytic enzymes from spontaneous microbe within the meat and bamboo shoot 267 generated low molecular weight of protein (i.e:water-soluble protein), bioactive peptides and free amino acid (Steinkraus, 2002; Ockerman and Basu, 2017). 268

The preparation method of bamboo shoot by ground indicated that decreased of total protein during fermentation in line with increasing the soluble protein and percentage of hydrolysis degree. Since peptide is a lower molecular weight protein, it could be the one of the components of soluble protein which was measured by SN-TCA methods. The soluble protein of fermented beef "cangkuk" with different preparation methods and a ratio between meat and bamboo shoot was shown in Table 1.

275 Based on the analysis of variance, the differences of preparation method of 276 fermented beef "cangkuk" has a very significant effect to increase the soluble protein **Commented [U10]:** Is any comparable references?

value (P<0.01), while the ratio of meat and bamboo shoot has no significant effect on the
value of soluble protein (P>0.05) of fermented beef "cangkuk". And also, there were no
interactions between preparation methods and ratio of meat and bamboo shoot to soluble
protein value.

281 The preparation methods of bamboo shoot by using chopped and blended produced the soluble protein content higher than by using extraction methods. The lower soluble 282 283 protein content in extraction method was caused by water soluble extracts had reduction 284 in the nutritional components of bamboo shoots due to some carbohydrate (starch, fiber) 285 and water-insoluble compound (lipid) were wasted on the separation of water insoluble 286 bamboo shoot components at centrifugation process. This directly caused the lower 287 progress of fermentation as evidenced by the low level of hydrolysis degree, low content 288 of soluble protein, but total protein still high. Starch, fiber and lipid were important nutrient for the microbe during fermentation (Kampen, 2014). 289

290 Degree of hydrolysis describes the percentage of peptide bond that cleaved during 291 hydrolysis by the proteolytic enzyme of microbe indigenous on fermentation of beef meat. Degree of hydrolysis of fermented beef with different preparation method and ratio 292 293 between meat and bamboo was shown in Table 1. Analysis of variance showed that the 294 interaction of preparation method and ratio of meat and bamboo shoot had a significant 295 effect to increase the degree of hydrolysis of fermented beef. The combination of 296 treatment A2B2 (ground method and ratio meat : bamboo shoot 1:1) had the highest 297 degree of hydrolysis. The increasing of hydrolysis degree in line with the decreasing of 298 total protein and increasing the soluble protein. In this research, ground method of 299 bamboo shoot and 1:1 ratio in "cangkuk" processing could decrease higher in total protein and increase soluble protein more greater, consequently the degree of hydrolysis becamehigher (3.38 %).

Degree of hydrolysis is a key parameter of hydrolysis reaction and used for monitoring progress of hydrolysis, describes the percentage of peptide bond that cleaved during hydrolysis, then generated smaller peptide with lower molecular weight (Nielsen *et al.*, 2001). Soluble protein measured in this research based on soluble nitrogen compound that in trichloro acetic acid 20%, they could be smaller peptide (Rutherfurd, 2010). During hydrolysis, a wide variety smaller peptide and free amino acid were generated, depending on enzyme specificity (Faithong *et al.*, 2010).

Degree of hydrolysis from fermented beef meat in this research had lower (2.0 -3.3%) percentage than the degree of hydrolysis of fermented egg shell membrane by using lactic acid bacteria culture starter (25.1%) (Jain and Anal, 2017). According to Faithong *et al.*, (2010), degree of hydrolysis of Thailand traditional fermented shrimp and krill product, *Jalo, Kong-shom* and *Kapi* were 25%, 25-40% and 20-22%, respectively. The degree of hydrolysis of local fermented food was varied according producer, raw material, ingredien additive, fermentation time and type proteolytic microbial enzyme.

316 Variance analysis resulted that different preparation methods of bamboo shoot
317 was significantly effect (P<0.05) to decrease the pH of fermented beef "cangkuk",
318 meanwhile the different ratio of meat and bamboo shoot and interactions between the two
319 factors showed a non significant effect (P>0.05) to pH value.

Fermented beef "cangkuk" prepared by addition of water soluble extract of bamboo shoot had lower pH value than the "cangkuk" that produced by addition of ground and chopped bamboo shoot, 4.40 contrasted with 4.57 and 4.67, respectively. The 323 successive growth of microorganisms during meat fermentation was dominated by lactic 324 acid bacteria which play an important role in the process. The lactic acid bacteria consume 325 sugar primarily and carbohydrates and convert it into lactic acid, which lowers the pH 326 (Ockerman and Basu, 2017). This psycho-chemical change called acidification, which 327 has а preservative effect because its ability to inhibit spoilage and pathogenic microorganism (Bover-Cid et al. 2000). 328

329 Owens (2015) reported an indigenous fermented pork sausage from Thailand 330 called Nham which fermented at room temperature for 3 - 4 days reached ultimate pH 331 4.6. In comparison to fermented meat cangkuk with different preparation methods of 332 bamboo shoot, the pH value range from 4.40 - 4.67. The same studies indicated that the 333 primary microorganism during fermentation were associated to Lactobacilli and 334 pediococci. These certain lactobacilli identified as Lactobacillus plantarum, Lactobacillus pentosus and Lactobacillus sakei. While the pediococci observed as 335 336 Pediococcus acidilactici and Pediococcus pentosaceus.

Another acidification process can be conducted by measuring the titratable acidity in fermented beef "cangkuk". The data in Table 1. showed that the titratable acidity calculated as a lactic acid percentage. Variance analysis resulted that different ratio of meat and bamboo shoot was very significantly effect (P<0.01) decreasing the titratable acidity of fermented beef "cangkuk", as different preparation methods and interactions between the two factors showed a non significant effect (P>0.05).

The titratable acidity in this study was expressed as lactic acid because it is assumed that the bacteria were dominantly from lactic acid bacteria which perform the metabolic product of the carbohydrate breakdown into lactic acid. Related to pH of 346 fermented beef "cangkuk" which indicated decrease value in line with the increasement347 of the titratable acidity.

Fermented beef "cangkuk" made with different ratio between meat and bamboo
shoot was significantly decreased the titratable acidity percentage, which range from,
1.03%; 0.84% and 0.70%, respectively. Fermented beef "cangkuk" having the 1.25
bamboo shoot ratio was significantly decreased compared to 0.75 ratio of bamboo shoot.
This probably addressed by the presence of lactic acid.

Ockerman and Basu (2017) adduced the characteristics of different types of semidry fermented sausages has reduced pH to 4.7 - 5.3 (lactic acid 0.5 - 1.3%, total acidity 1%), with a processing period of 1 - 4 week. This finding has the same result with the titratable acidity of fermented beef "cangkuk" as shown in Table 1.

Lactic acid bacteria play important role of lactic acid food fermentation, especially the lactic acid fermentation type of food. Variance analysis resulted that either the preparation method differences and different ratio of meat and bamboo shoot did not significantly affect (P>0.05) the lactic acid bacteria cell count.

The average cell count of lactic acid bacteria of fermented beef "cangkuk" in this research was 7 \log_{10} cfu/g. It means that about 10 million of lactic acid bacteria were assumed to be present in the product. According to Kameník *et al.* (2013) the preliminary population of 6.5 log cfu/g showed an increasement to 8.0–9.0 log cfu/g of the lactic acid bacteria population until the peaking day of the 7 days of dry fermented sausage samples. Although the fermentation process of fermented beef "cangkuk" was conducted spontaneously, it reaches a high cell count of lactic acid bacteria.

368	Angiotensin converting enzyme (ACE) inhibitory activity of fermented beef
369	"cangkuk" from combination of preparation method and different ratio of bamboo shoot
370	was seen in Figure 1. The combination of A2B1 had highest angiotensin converting
371	enzyme activity (80%).

This research emphasized that addition bamboo shoot as an ingredien additive in spontaneous fermentation of beef meat to produce "cangkuk" which had potent ACE inhibitory activity. This indicated that local fermented product from Indonesia also had a functional effect as well as meat fermentation products typical of other countries.

376 The ACE inhibitory activity was influenced by peptide sequence derived from 377 hydrolysis process during fermentation and ability to bind the active site of ACE (Ryan 378 et al., 2011; Choe et al., 2019). The inhibitory activity of ACE peptide is thought to be 379 due to the high residual hydrophobic amino acids such as proline, alanine and aliphatic 380 amino acids such as glycine. According to Manoharan et al. (2006) peptides that have 381 proline or aromatic residues at the C-terminal end and hydrophobic amino acid residues at the N-terminal end have potential ACE inhibitory activity. The same author stated that 382 383 ACE has an important role in regulating the blood pressure. While in this research, high 384 ACE inhibitory activity in A2B1 treatment is the basis for the second phase of this research to study the antihypertensive activity in Spontaneous Hypertensive Rats. 385

386 387

CONCLUSION

388 The results of this study show that bamboo shoot prepare through the ground 389 process with the ratio of meat and bamboo shoot 1 : 0.75 has protrude chemical **Commented [U11]:** Is any comparable references for other products?

390	characteristics and bioactivity. It is recommended to conduct further research using these	
391	results.	
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393	ACKNOWLEDGMENTS	
394	The authors would like to thank the Directorate of Islamic Higher Education,	
395	Ministry of Religious Affairs, Republic of Indonesia for financial support of the research	
396	by the Programm Applied Global Research 2019.	
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	С	G	WSE	1:0.75	1:1	1:1.25	PM	MBR	INT
Total Protein (g/100	16.62	15.02	15.25	14.85	15.61	16.43	**	**	ns
g)									
Soluble Protein (g/100	0.46	0.44	0.32	0.39	0.40	0.44	**	ns	ns
g)									
Degree of Hydrolysis	2.83	2.97	2.13	2.66	2.61	2.66	*	ns	*
(%)									
pH Value	4.67	4.57	4.40	4.58	4.45	4.59	*	ns	ns
Titratable Acidity (%)	0.79	0.84	0.94	1.03	0.84	0.70	ns	**	ns
Lactic Acid Baccteria	7.11	7.11	7.05	7.17	7.07	7.03	ns	ns	ns
Total (Log ₁₀ CFU/g)									

C = Chopped, G = Ground, WSE = Water Soluble Extract, PM = Preparation Method, MBR = Meat and Bamboo Shoot Ratio, INT = Interaction between Preparation Method and Meat and Bamboo Shoot Ratio, **= highly significant (P<0.01); * = significant (P<0.05); ns = non significant (P>0.05)

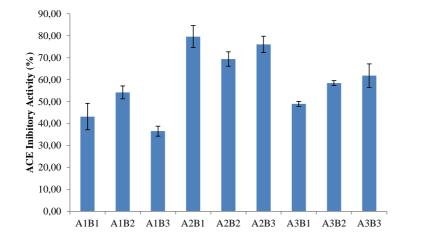




Figure 1. Angiotensin converting enzyme inhibitory activities of beef meat fermentation
from combination of preparation method (A) and ratio of meat and bamboo shoot (B).
A1: Chopped, A2: Ground, A3: Extracted. B1 : 1:0.75, B2 : 1:1, B3 : 1:1.25. data
presented in mean±standard deviation from 2 replications. Sample concentration 10 ml
contain 15 g/100 g protein.

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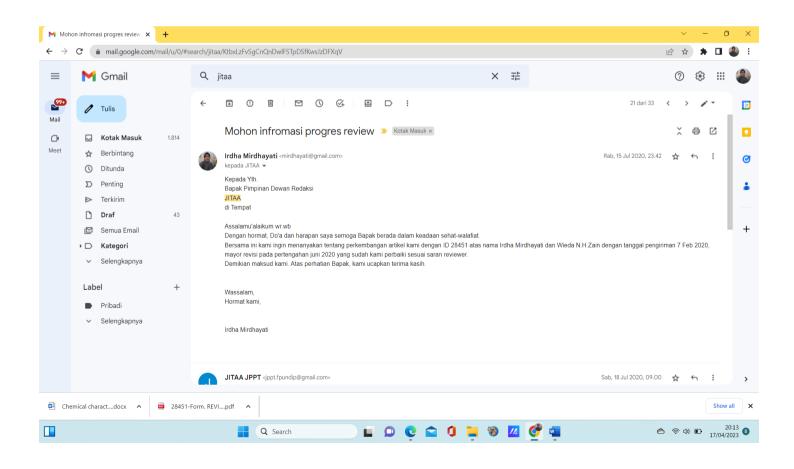
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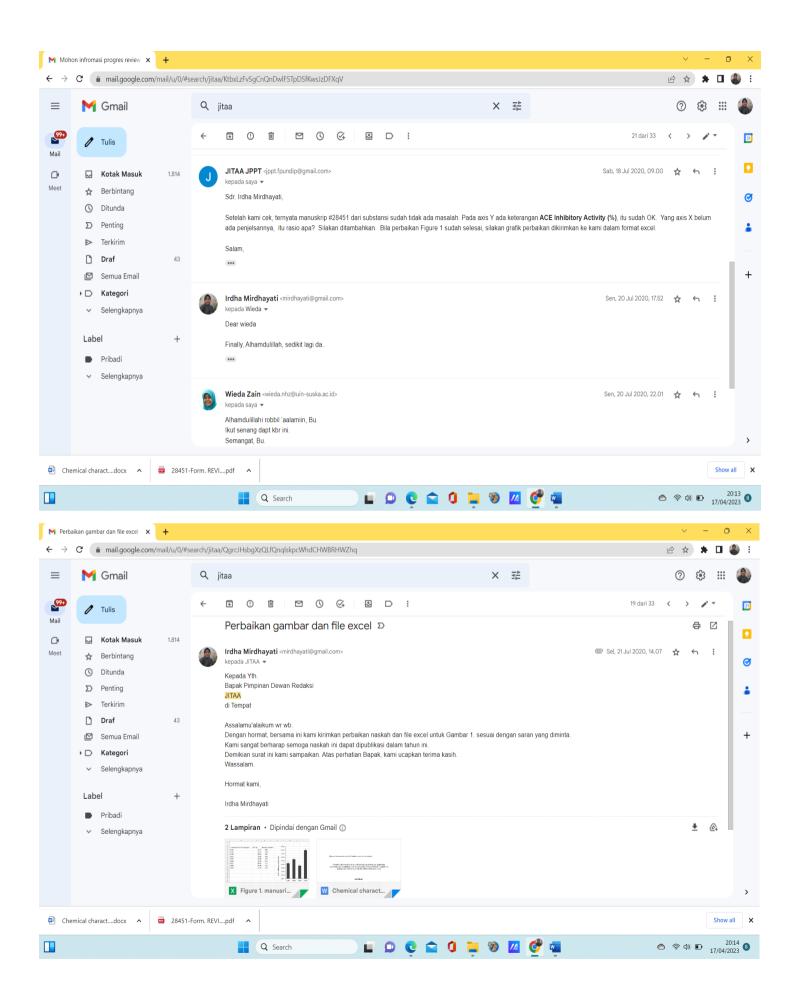
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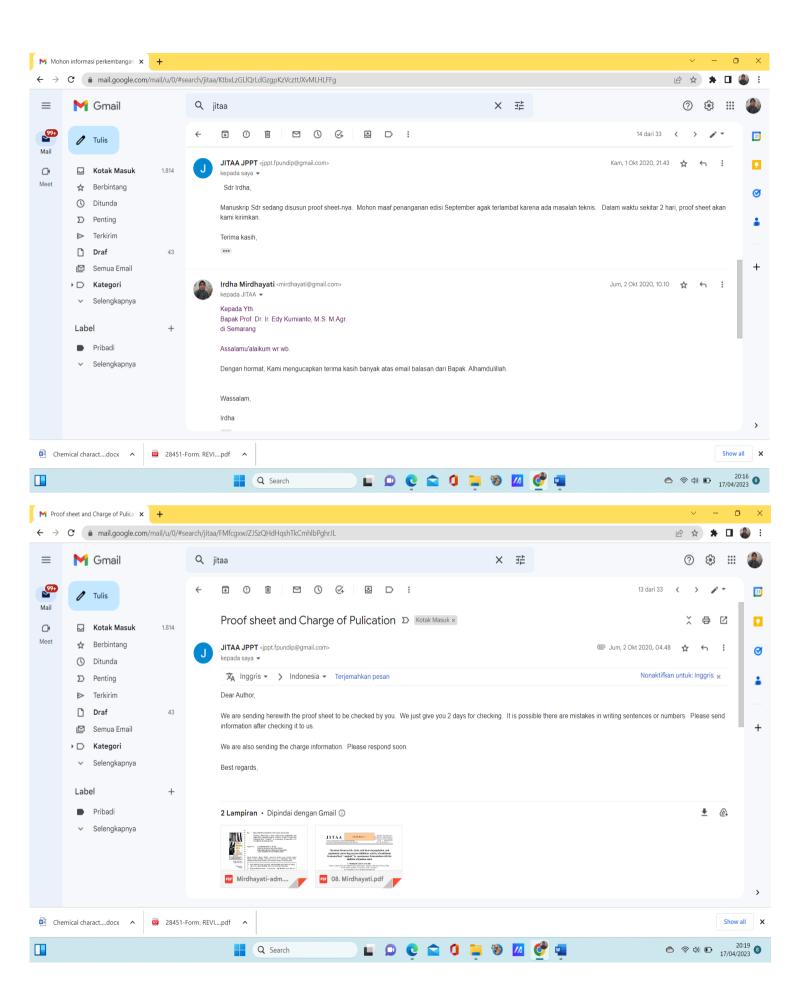
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